



geriatric care services

Local physicians and other health care professionals working together for your health

Geriatric Clinic

The intent of this clinic is to improve well-being and daily functioning for the elderly. The geriatric physician along with the health care team conducts an assessment to determine areas of need. A plan of action is created and shared with the individual's family physician.

Adult Day Program

This is a group day program designed for individuals who continue to live in their own home. Individuals come together to take part in physical and recreational activities and to socialize. In addition, a team of health care professionals work together with a geriatric physician to address health issues. The Adult Day Program costs \$10.00 per day and includes nutritious meals and snacks. The day runs from 9:00 to 3:00. Transportation is available through specialized city transportation services for disabled and senior citizens and can be arranged by calling 791-8735.

READY, STEADY, GO! Fall Prevention Program

This is a five week group program designed to lower the risk of falling. This program is led by a team of health care professionals that includes an occupational therapist, pharmacist and registered nurse.

Fall Prevention is offered only in the winter months.

How do you access to the Geriatric Care Program?

You have to be referred directly by a family physician for Geriatric Care and the Adult Day Program. You can self refer to Fall Prevention by calling the PCN directly.

For more information on the Geriatric Care Program contact:

Ph: 780.788.1765 Fx: 780.788.1764
Email: info@wbpcn.ca

www.wbpcn.ca





geriatric care

INFORMATION CARD



Are you 65 years or older and require health care

services for physical, medical, cognitive and social concerns that interfere with independence and quality of life?

If yes, then the Geriatric Care Program can help.

What can the Geriatric Care Program offer?

OUR MISSION:
Achieving
Excellence in
Primary Health
Care through
Team-Based
Practice

You have accessibility to:

- A geriatric physician
- An interdisciplinary team of health care professionals who work together with the geriatric physician
- Three services; Geriatric Clinic, Adult Day Program, Fall Prevention Program